

# 2015 Recommended Immunizations for Adults: By Age

If you are this age, talk to your healthcare professional about these vaccines

If you are this age, ↓	Flu Influenza	Td/Tdap Tetanus, diphtheria, pertussis	Shingles Zoster	Pneumococcal		Meningococcal	MMR Measles, mumps, rubella	HPV Human papillomavirus		Chickenpox Varicella	Hepatitis A	Hepatitis B	Hib Haemophilus influenzae type b
				PCV13	PPSV23			for women	for men				
19 - 21 years									3 doses				
22 - 26 years							1 or 2 doses	3 doses	3 doses				
27 - 49 years		1 dose of Tdap*		1 dose	1 or 2 doses	1 or more doses							
50 - 59 years	Flu vaccine every year	Td booster every 10 years								2 doses	2 doses	3 doses	1 or 3 doses
60 - 64 years			1 dose										
65+ year				1 dose	1 dose								

## More Information:

There are several flu vaccines available. Talk to your healthcare professional about which flu vaccines is right for you.

\* If you are pregnant, you should get a Tdap vaccine during the **3<sup>rd</sup> trimester of every pregnancy** to help protect your babies from pertussis (whooping cough).

You should get zoster vaccine even if you've had shingles before.

There are two different types of pneumococcal vaccine: PCV13 (conjugate) and PPSV23 (polysaccharide). Talk with your healthcare professional to find out if one or both pneumococcal vaccines are recommended for you.

Your healthcare professional will let you know how many doses you need.

## Recommended for you if you did not get it when you were a child.

If you were born in 1957 or after, and don't have a record of being vaccinated or having had measles, mumps and rubella, talk to your healthcare professional about how many doses you may need.

There are two HPV vaccines but only one HPV vaccine (Gardasil®) should be given to men.

If you are a male 22 through 26 years old and have sex with men you should complete the HPV vaccine series if you have not already done so.

Your healthcare professional will let you know how many doses you need.



**Recommended For You:** This vaccine is recommended for you **unless** your healthcare professional tells you that you cannot safely receive it or that you do not need it.



**May Be Recommended For You:** This vaccine is recommended for you if you have certain risk factors due to your health, job, or lifestyle that are not listed here. Talk to your healthcare professional to see if you need this vaccine.

## If you are traveling outside the United States, you may need additional vaccines.

Ask your healthcare professional about which vaccines you may need at least 6 weeks prior to your travel.

For more information, call 1-800-CDC-INFO (1-800-232-4636) or visit [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

# 2015 Recommended Immunizations for Adults: By Health Condition

If you have this health condition, talk to your healthcare professional about these vaccines

	Flu <i>Influenza</i>	Td/Tdap Tetanus, diphtheria, pertussis	Shingles <i>Zoster</i>	Pneumococcal		Meningococcal	MMR Measles, mumps, rubella	HPV <i>Human papillomavirus</i>		Chickenpox <i>Varicella</i>	Hepatitis A	Hepatitis B	Hib <i>Haemophilus influenzae</i> type b
				PCV13	PPSV23			for women	for men				
Pregnancy		*see below			1 - 2 doses								
Weakened Immune System			SHOULD NOT GET VACCINE				SHOULD NOT GET VACCINE		3 doses through age 26 years	SHOULD NOT GET VACCINE		3 doses	post-HSCT* recipients only
HIV: CD4 count less than 200						1 or more doses							
HIV: CD4 count 200 or greater		1 dose of Tdap		1 dose							2 doses	3 doses	1 or 3 doses
Kidney disease or poor kidney function	Flu vaccine every year	followed by Td booster every 10 years			1 - 2 doses			3 doses through age 26 years	3 doses through age 21 years	2 doses			
Asplenia (if you do not have a spleen or if it does not work well)			1 dose for those 60 years or older			1 or more doses	1 or 2 doses					3 doses	1 or 3 doses
Heart disease Chronic lung disease Chronic alcoholism													1 or 3 doses
Diabetes (Type 1 or Type 2)				1 dose		1 or more doses						3 doses	
Chronic Liver Disease											2 doses		

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If you are a male 22 through 26 years old and have sex with men you should complete the HPV vaccine series if you have not already done so.

Your healthcare professional will let you know how many doses you need.

\*Hematopoietic stem cell transplant

**Recommended For You:** This vaccine is recommended for you *unless* your healthcare professional tells you that you cannot safely receive it or that you do not need it.

**May Be Recommended For You:** This vaccine is recommended for you if you have certain other risk factors due to your age, health, job, or lifestyle that are not listed here. Talk to your healthcare professional to see if you need this vaccine.

**YOU SHOULD NOT GET THIS VACCINE**

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